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Partial List of Presentations

Syndromes and Injuries

- Helping With Arthritis
- Healing Tendons by Healing Muscles
- Working with Flexibility and Inflexibility
- Working With Mysterious Pain
- Managing Rotation in the Spine
- Scoliosis: what it is, what to do
- Bodyworkers and the Intervertebral Disc
- Dangerous Curves: Navigating Spinal Curvature
- Ease in the Shoulder
- Flower on a Stem: Strengthening the Neck's Support System
- Opening The Diaphragm
- Passing Through: Helping The Shoulder Girdle, Thoracic Inlet and Outlet
- Freeing the Thorax - Ribs, Erector Spinae, Psoas and Diaphragm
- Spinning the Hip: 360° Techniques

- The Quads and Hamstrings: Long Multitaskers
- The Foot and Ankle
- The Knee
- Fascia: Every Bodyworker's Specialty
- Postural Analysis from Standing to the Table

Improving Function

- Gravitas and Grounding: Drawing Power from the Back Body
- Bodywork and Proprioception
- Assessment of Strength and Stretch
- Breathing and the Ribcage
- Core Strength Bodywork

Energy and Imagery

- Imagery and Bodywork
- The Spirit of Anatomy-Dimensions Beyond Science
- Feminist Chakras

Functional Anatomy, Assessment And Technique

- From the Diaphragm to the Pelvic Floor: the Low Back in Context
- The Iliopsoas
- Head and Shoulders: the Neck in Context
- The Jaw
- The Scalenes and SCM
- The Rotator Cuff
- The Arm, from Pelvis to Fingernail