

Dr. George Russell
Getting Better Bodywork
224 W. 35th Street, Suite 1400
New York, NY 10001

Websites: georgerusselldc.com; gettingbetterbodywork.com
Contact: george@georgerusselldc.com, 646 654 9529

Education

2000 D.C., Summa Cum Laude, University Bridgeport, CT
1991 M.A.L.S., Movement Studies, Wesleyan University
1983 B.A., High Honors, Wesleyan University. Majors: College of Letters/Dance

Academic Honors and Awards

2000 Valedictorian, University of Bridgeport College of Chiropractic
1998 American Chiropractic Association Writing Scholarship
1983 Research Fellow, Center for the Humanities, Middletown, CT

Main Current Professional Activity

2018 Founder and Director, Getting Better Healing Arts
2000- Bodyworker/Chiropractor in private practice, New York, NY
2011 - Executive Director, Getting Better: the Center for Bodywork and Movement, New York, NY
2000 - Private and Group Trainer, Supervisor, Consultant for yoga, bodywork, Pilates practitioners, personal trainers and other body professionals

Teaching Experience

University

New York University, Atlantic Theater Company New York, NY
Wesleyan University Middletown, CT
Graduate Liberal Studies Faculty, Movement and Dance Program
Undergraduate Program, Visiting lecturer in dance.
New York University, Tisch School for the Arts, Guest Lecturer
The New School, Parsons School of Design New York, Guest Lecturer
Rutgers University New Brunswick, NJ Guest Teacher
Vassar College Poughkeepsie, New York Guest Teacher.
University of Bridgeport Chiropractic College Bridgeport, CT
Graduate Lecture Series
Continuing education instructor

Massage/Bodywork Movement Therapies

American Massage Therapy Association:
National Convention 2015, 2017
State Conventions: Maine, Kansas, New Jersey, New England, Vermont, Maine, New York
Continuing Education, numerous local chapters
Continuing Education Faculty, Swedish Institute, New York, NY
Getting Better: the center for bodywork and movement New York, NY
Founder, Executive Director and Teacher 2011 - present
Seminars, Grand Rounds, Interdisciplinary Supervision Groups
Founder, Director, Getting Better Team Healing Center

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Curriculum Vitae
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Teaching (Continued)

Massage/Bodywork Movement Therapies (Continued)

TouchU Toronto, Canada
Webinar, Video, Interactive Practicum and Facebook dialogue:
Connecticut Center for Massage Therapy Westport, CT
Graduate Studies Teaching
Undergraduate Instructor

Yoga

Kripalu Center for Yoga and Health Lenox, MA
Entertaining Anatomy, Yoga for the Flexible and Inflexible
Yoga Teacher Trainings
Yoga Teachers Association White Plains, NY
Riverside Yoga, Dobbs Ferry, NY
Tao Porchon-Lynch Certification, Hartsdale, NY
Yoga to the People, New York, NY
Small Group Iyengar Anatomy, NY
Yoga Sutra, Philadelphia, PA
Oceanside Yoga, Virginia Beach, VA
Iyengar Yoga Institute New York, NY, Somerville, MA, Assistant to Master Teacher Peentz Dubble.

Movement, Rehabilitation, Dance

De Facto Dance Company New York, NY Co-Director, Teacher/Dancer/Choreographer
Ongoing Movement Classes. Performance Technique, Alignment, Improvisation and Choreography.

Publications and Academic Presentations

Journal of the American Osteopathic Association Juhl, John; Russell George, et al. "Prevalence of Frontal Plane Pelvic Postural Asymmetry, Part I". Vol. 104, No. 10 (Oct. 2004) pp. 411-421
Israel Dance Quarterly "Dancers' Work".
Congress on Research in Dance New York, NY. Paper and Panel
University of North Carolina. Paper/Panel: Greensboro, NC

Consultancies

Ann Daly Consulting. Member, Board of Directors Austin, TX
Nichole Canuso Dance Company, Philadelphia, PA
Member, Board of Directors 2005-9
Guest Teacher and Choreography Coach, 2006-
Headlong Dance Theater, Philadelphia, PA. Facilitator, directors' retreat; Visiting Dance Instructor
The New School, New York, NY Movement Consultant to Student Production
Vocal and body coaching, *Swordpoint* Audiobook. New York, NY
The Field. Facilitator, teacher, trainer, advisor. Prepared facilitators' manual. New York, Miami FL

Languages

Read and speak proficient German; basic Italian and Spanish

References, a list of more than 70 original classes taught, and writing samples available upon request.